

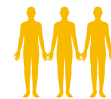
# INSTRUCTION

[BETWEEN DOORS] - A collective video project  
between continents.

## VIDEOCLIPS

(min. 5 seconds per clip | landscape format)

1. **Film a door** in your home - it can be closed or opening.
2. **Film a place in your home** that you particularly like.
3. **Film the view from a window.**
4. **Film your eyes.**
  - natural
  - with expression/movement (e.g. wink, open, close, etc.)
5. **Film your mouth.**
  - natural
  - with expression/movement (e.g. make faces, laugh, etc.)
6. **Film your hands.**
  - natural
  - with expression/movement, (e.g. shaking, making fists, pointing at something, etc.)
7. **Film something you have missed or still miss** during this time. This could be a photo of someone, an object that reminds you of the person or the place or the activity.



### NOTES:

- Film in **landscape format**, with the highest possible quality and sufficient light!
- Please **ask your family/friends/partners to help** you film the body parts!
- Film the **body parts once naturally without expression and once with a movement.**  
You decide how you want to show them in the video clip! What do you want to tell? Be creative and try yourself!

## AUDIO RECORDINGS

Please answer these questions:

1. 3 words that describe this time!
2. A question you have asked yourself during this time!
3. What did you learn during this time?



### NOTES:

- Record in a quiet place, **speak slowly and clearly.**
- Make a **single recording for each question!**
- If you need help, **ask someone to interview you!**